

Game Day Coach Game Day Duties

Coach Duties

- Team training and/or match day coaching
- Stand opposite side to spectators with subs
- Player interchange
- Liaison with parents (coaching help)
- Players Conduct
- NFSA and LFC position is that all players must play in all positions throughout the year, including goalkeeper.
- The result is not important. You are not coaching to win. The purpose of match day is for the players to execute what they practiced at training. They need to enjoy themselves and focus on playing good football!
- 3 Week Rotation Option
 - Players Stay in Attack for three straight weeks
 - Players Stay in Defence for three straight weeks
 - Goalies change each week, one half in Goals other half in field
- Weekly Rotation Option
 - Players play one half in Attack
 - Players play the other half in Defence
 - Goalies change each week, one half in Goals other half in field

Interchange/Substitutions

- Each team will have sufficient substitutes to interchange during the match.
- The game need not stop to make these substitutions. However, the player being substituted must have left the field of play before the new player can enter.
- Equal playing time should be a priority, regular rotation of players is key.

Language to avoid

- "Kick it, Just get rid of it. Boot it. Big kick. Hit it long!" It is not thought-provoking language. It doesn't encourage passing or dribbling or being creative.
- "Man on! Mark up. Everyone on a player". Don't worry about defending. Position your players in their shape.
- Avoid telling players what to do. Players need to have the confidence to make their own decisions and think for themselves. You will produce more creative, intelligent footballers.